

# WEEK ONE

# WINTER / SPRING 2019

Organic yoghurt, fruit selection, cheese and crackers available daily. Included in your £2.10 are freshly baked bread and self serve salad bar.

Week Commencing: 29/10/18, 12/11/18, 26/11/18, 10/12/18, 31/12/18, 14/01/19, 28/01/19, 11/02/19, 04/03/19, 18/03/19, 01/04/19.

Monday
Lamb Burger in a Bun with Potato Balls
Southern Style Quorn Burger in a Bun with Potato Balls (V)
Jacket Potato with Cheese (V) or Baked Beans (V)
Ham or Cheese (V) Roll
<b>Sides</b>
Baked Beans
Sweetcorn
<b>Dessert</b>
Banana Mousse

Tuesday
Farmhouse Cottage Pie
Cheese & Tomato Quiche with Potato Wedges (V)
Jacket Potato with Coleslaw (V) or Tuna Sweetcorn Mayo
Chicken or Cheese (V) Roll
<b>Sides</b>
Mixed Vegetables
Help Yourself Salad Bar
<b>Dessert</b>
Chocolate Beet Brownie

Wednesday
Roast Chicken & Yorkshire Pudding with Roast Potatoes
Roast Quorn & Yorkshire Pudding with Roast Potatoes (V)
Jacket Potato with Cheese (V) or Baked Beans (V)
Tuna Mayo Roll or Egg Salad (V) Roll
<b>Sides</b>
Cabbage
Sliced Carrots
<b>Dessert</b>
Strawberry Fruit Jelly

Thursday
Homemade Cheese & Tomato Pizza with Potato Wedges (V)
Vegetable Lasagne with Garlic Bread (V)
Jacket Potato with Coleslaw (V) or Baked Beans (V)
Chicken or Cheese (V) Roll
<b>Sides</b>
Sweetcorn
Help Yourself Salad Bar
<b>Dessert</b>
Apple Crumble & Custard

Friday
Fish Fillet with Oven Baked Chips
Quorn Dippers with Oven Baked Chips (V)
Jacket Potato with Cheese (V) or Tuna Mayo
Tuna Mayo Roll or Egg Salad (V) Roll
<b>Sides</b>
Peas
Baked Beans
<b>Dessert</b>
Shortcake Biscuit

# WEEK TWO

# Still Only £2.10 for a two course meal.

Week Commencing: 05/11/18, 19/11/18, 03/12/18, 17/12/18, 07/01/19, 21/01/19, 04/02/19, 25/02/19, 11/03/19, 25/03/19.

Monday
Sausages with Mashed Potato & Onion Gravy
Vegetable Sausages with Mashed Potato & Onion Gravy (V)
Jacket Potato with Cheese (V) or Baked Beans (V)
Ham or Cheese (V) Roll
<b>Sides</b>
Peas
Baked Beans
<b>Dessert</b>
Strawberry Swirl Mousse

Tuesday
BBQ Jerk Chicken with Rice
Macaroni Cheese (V)
Jacket Potato with Coleslaw (V) or Tuna Sweetcorn Mayo
Chicken or Cheese (V) Roll
<b>Sides</b>
Sweetcorn
Broccoli
<b>Dessert</b>
Pancakes with Chocolate Sauce

Wednesday
Roast Beef & Yorkshire Pudding with Roast Potatoes
Roast Quorn & Yorkshire Pudding w/Roast Potatoes (V)
Jacket Potato with Cheese (V) or Baked Beans (V)
Tuna Mayo Roll or Egg Salad (V) Roll
<b>Sides</b>
Cabbage
Sliced Carrots
<b>Dessert</b>
Orange Jelly with Orange Segments,

Thursday
Homemade Cheese & Tomato Pizza with Potato Wedges (V)
Stand & Stuff Quorn Chilli Tortilla Boats with Rice (V)
Jacket Potato with Coleslaw (V) or Quorn Chilli (V)
Chicken or Cheese (V) Roll
<b>Sides</b>
Sweetcorn
Help Yourself Salad Bar
<b>Dessert</b>
Carrot & Sultana Sponge with Custard

Friday
Fish Fingers with Oven Baked Chips
Vegetable & Cheese Bake with Oven Baked Chips (V)
Jacket Potato with Cheese (V) or Tuna Mayo
Tuna Mayo Roll or Egg Salad (V) Roll
<b>Sides</b>
Peas
Baked Beans
<b>Dessert</b>
Fruit Flapjack

(V) - Vegetarian

Halal options are served at the majority of our schools, please ask your school for more details. There are no nuts in any of our dishes. This menu may be subject to change.